

# CSAT Products Catalog

August 2006

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# **CSAT TIPs and TIP Collateral Products**



### What Is a TIP?

Treatment Improvement Protocols (TIPs) are the products of a systematic and innovative process that brings together clinicians, researchers, program managers, policymakers, and other Federal and non-Federal experts to reach consensus on state-of-the-art treatment practices. TIPs are developed under CSAT's Knowledge Application Program to improve the treatment capabilities of the Nation's alcohol and drug abuse treatment service system.



### What Is a Quick Guide?

A Quick Guide clearly and concisely presents the primary information from a TIP in a pocket-sized booklet. Each Quick Guide is divided into sections to help readers quickly locate relevant material. Some contain glossaries of terms or lists of resources. Page numbers from the original TIP are referenced so providers can refer back to the source document for more information.



### What Are KAP Keys?

Also based on TIPs, KAP Keys are handy, durable tools. Keys may include assessment or screening instruments, checklists, and summaries of treatment phases. Printed on coated paper, each KAP Keys set is fastened together with a key ring and can be kept within a treatment provider's reach and consulted frequently. The Keys allow the busy clinician or program administrator to locate information easily and to use this information to enhance treatment services.

TIP 1: State Methadone Treatment Guidelines— Replaced by TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.

\*TIP 2: Pregnant, Substance-Using Women—Informs and encourages treatment programs to broaden and strengthen services for women, particularly pregnant women who abuse substances. 101 pages. BKD107 Quick Guide for Clinicians QGCT02 KAP Keys for Clinicians KAPT02

TIP 3: Screening and Assessment of Alcohol- and Other Drug-Abusing Adolescents—Replaced by TIP 31: Screening and Assessing Adolescents for Substance Use Disorders.

TIP 4: Guidelines for the Treatment of Alcohol- and Other Drug-Abusing Adolescents—Replaced by TIP 32: Treatment of Adolescents With Substance Use Disorders.

**TIP 5: Improving Treatment for Drug-Exposed Infants**—Educates and informs about medical and psychosocial services for drug-exposed infants up to 18 months of age and their families. *101 pages. BKD110* 

**TIP 6: Screening for Infectious Diseases Among Substance Abusers**—Guides healthcare providers on designing, delivering, and improving treatment for those at risk for infectious diseases in a variety of settings. *175 pages. BKD131* 

**Quick Guide for Clinicians** QGCT06 **KAP Keys for Clinicians** KAPT06

\*Under revision

TIP 7: Screening and Assessment for Alcohol and Other Drug Abuse Among Adults in the Criminal Justice System—Replaced by TIP 44: Substance Abuse Treatment for Adults in the Criminal Justice System.

TIP 8: Intensive Outpatient Treatment for Alcohol and Other Drug Abuse—Replaced by TIP 46: Substance Abuse: Administrative Issues in Substance Abuse Treatment and TIP 47: Substance Abuse: Clinical Issues in Intensive Outpatient Treatment.

TIP 9: Assessment and Treatment of Patients With Coexisting Mental Illness and Alcohol and Other Drug Abuse—Replaced by TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders.

TIP 10: Assessment and Treatment of Cocaine-Abusing Methadone-Maintained Patients—Replaced by TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.

TIP 11: Simple Screening Instruments for Outreach for Alcohol and Other Drug Abuse and Infectious Diseases—Presents two screening instruments designed for rapid administration by a wide range of providers and ease of scoring and interpretation. 83 pages. BKD143 Quick Guide for Clinicians QGCT11 KAP Keys for Clinicians KAPT11

TIP 12: Combining Substance Abuse Treatment With Intermediate Sanctions for Adults in the Criminal Justice System—Replaced by TIP 44: Substance Abuse Treatment for Adults in the Criminal Justice System.

TIP 13: Role and Current Status of Patient Placement Criteria in the Treatment of Substance Use

**Disorders**—Describes the need for and value of standardized patient placement criteria (PPC), and lays the groundwork for a concerted effort to develop national uniform PPC. 83 pages. BKD161

**Quick Guide for Clinicians** QGCT13 **Quick Guide for Administrators** QGAT13 **KAP Keys for Clinicians** KAPT13

TIP 14: Developing State Outcomes Monitoring Systems for Alcohol and Other Drug Abuse

**Treatment**—Assists State agencies and staff in developing, implementing, and managing outcomes monitoring systems for substance abuse treatment programs to increase accountability for treatment expenditures. *106 pages. BKD162* 

TIP 15: Treatment for HIV-Infected Alcohol and Other Drug Abusers—Replaced by TIP 37: Substance Abuse Treatment for Persons With HIV/AIDS.

TIP 16: Alcohol and Other Drug Screening of Hospitalized Trauma Patients—Describes the significant role that alcohol and drugs play in traumatic injury, and outlines a comprehensive assessment procedure and brief intervention techniques. 107 pages. BKD164

Quick Guide for Clinicians QGCT16

KAP Keys for Clinicians KAPT16

TIP 17: Planning for Alcohol and Other Drug Abuse Treatment for Adults in the Criminal Justice System—
Replaced by TIP 44: Substance Abuse Treatment for Adults in the Criminal Justice System.

TIP 18: The Tuberculosis Epidemic: Legal and Ethical Issues for Alcohol and Other Drug Abuse Treatment Providers—Summarizes the latest advice and

recommended protocols for dealing with the threat of tuberculosis (TB) in a substance abuse treatment setting. Promotes cooperation with public health officials and others in preventing the transmission of TB. 145 pages. BKD173

**Quick Guide for Clinicians** QGCT18 **KAP Keys for Clinicians** KAPT18

TIP 19: Detoxification From Alcohol and Other Drugs—Replaced by TIP 45: Detoxification and Substance Abuse Treatment.

TIP 20: Matching Treatment to Patient Needs in Opioid Substitution Therapy—Replaced by TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.

TIP 21: Combining Alcohol and Other Drug Abuse Treatment With Diversion for Juveniles in the Justice

**System**—Introduces a model that concentrates on diverting youth already involved with the juvenile justice system from further penetration into the system by providing appropriate substance abuse treatment. *140* pages. *BKD169* 

**Quick Guide for Clinicians and Administrators** QGCA21

TIP 22: LAAM in the Treatment of Opiate Addiction—
Replaced by TIP 43: Medication-Assisted Treatment for
Opioid Addiction in Opioid Treatment Programs.

TIP 23: Treatment Drug Courts: Integrating Substance Abuse Treatment With Legal Case Processing—

Provides clinicians, administrators, and policymakers with the information to plan, implement, monitor, and evaluate treatment drug courts. Presents relevant information on financial, legal, and ethical issues. *74 pages. BKD205 Quick Guide for Administrators QGAT23* 

TIP 24: A Guide to Substance Abuse Services for

**Primary Care Clinicians**—Provides primary care clinicians specific guidance on identifying indications of substance abuse, how to broach the subject with a patient, and what screening and assessment instruments to use. 185 pages. BKD234

Concise Desk Reference Guide BKD123 Quick Guide for Clinicians QGCT24 KAP Keys for Clinicians KAPT24

TIP 25: Substance Abuse Treatment and Domestic

**Violence**—Presents treatment providers with an introduction to the field of domestic violence. Supplies useful techniques for detecting and eliciting such information, along with ways to modify treatment to ensure victims' safety and to stop the cycle of violence in the lives of the battered and the batterer. *171 pages. BKD239* 

Linking Substance Abuse Treatment and Domestic Violence Services: A Guide for Administrators MS667

Linking Substance Abuse Treatment and Domestic Violence Services: A Guide for Treatment Providers MS668 Quick Guide for Clinicians QGCT25 KAP Keys for Clinicians KAPT25

### TIP 26: Substance Abuse Among Older Adults—

Recommends best practices for identifying, screening, assessing, and treating alcohol and prescription drug abuse among people ages 60 and older. 196 pages. BKD250

Substance Abuse Among Older Adults: Physician's Guide MS671

Substance Abuse Among Older Adults: A Guide for Social Service Providers MS670

Substance Abuse Among Older Adults: A Guide for Treatment Providers MS669

Aging, Medicines and Alcohol. 8 pages. PHD882 (See page 13 for description.) Also available in Spanish:

El Envejecimiento, los Medicamentos y el Alcohol. 8 pages. PHD882S

Good Mental Health is Ageless. 8 pages. PHD881 (See page 13 for description.) Also available in Spanish:

**La Buena Salud Mental No Tiene Edad.** 8 pages. PHD881S

**Quick Guide for Clinicians** QGCT26 **KAP Keys for Clinicians** KAPT26

TIP 27: Comprehensive Case Management for Substance Abuse Treatment—Describes models of case management, guidance to linkages with other service agencies, and practical information on adapting treatment programs to the managed care environment. Includes requirements needed to perform case management

referral and service coordination activities. 139 pages. BKD251

Case Management for Substance Abuse Treatment: A

Guide for Administrators MS672
Case Management for Substance Abuse Treatment: A
Guide for Treatment Providers MS673
Quick Guide for Clinicians QGCT27

Quick Guide for Administrators QGAT27

### TIP 28: Naltrexone and Alcoholism Treatment—

Describes current knowledge of naltrexone—its mode of action, adverse effects, drug interactions, and guidelines for patients who may benefit from naltrexone. 115 pages. BKD268

Naltrexone and Alcoholism Treatment: Physician's Guide MS674

**Quick Guide for Clinicians** QGCT28 **KAP Keys for Clinicians** KAPT28

TIP 29: Substance Use Disorder Treatment for People With Physical and Cognitive Disabilities—Defines issues in providing treatment to people with coexisting disabilities, and provides guidance in treatment planning and counseling and in forming links with other service providers. Includes lists of resources and a guide to compliance with the Americans with Disabilities Act. 178 pages. BKD288

**Quick Guide for Clinicians** QGCT29 **Quick Guide for Administrators** QGAT29 **KAP Keys for Clinicians** KAPT29

### TIP 30: Continuity of Offender Treatment for Substance Use Disorders From Institution to

**Community**—Spotlights the importance of transition when an offender who received substance abuse treatment while incarcerated is released into the community. Provides those who work in the justice system and in community-based programs with guidelines to ensure continuity of care for the offender client. *144 pages*. *BKD304* 

**Quick Guide for Clinicians** QGCT30 **KAP Keys for Clinicians** KAPT30

TIP 31: Screening and Assessing Adolescents for Substance Use Disorders—A companion volume to TIP 32, provides guidelines for evaluating, developing, and administering screening and assessment instruments for young people. Provides summaries and access to instruments. 161 pages. BKD306 See collateral products for TIP 32.

TIP 32: Treatment of Adolescents With Substance Use Disorders—A companion volume to TIP 31, reflects recent research findings on the effectiveness of various treatment components and modalities for adolescents who use substances. 152 pages. BKD307 Quick Guide for Clinicians QGC312 KAP Keys for Clinicians KAPT312

### TIP 33: Treatment for Stimulant Use Disorders—

Highlights recent research findings to describe effective strategies and treatment approaches to meeting specific needs of individuals who use stimulants. Includes more than 40 client worksheets to assist providers. 249 pages. BKD289

**Quick Guide for Clinicians** QGCT33 **KAP Keys for Clinicians** KAPT33

TIP 34: Brief Interventions and Brief Therapies for Substance Abuse—Is intended primarily for counselors and therapists working in the substance abuse treatment field but is of value to other audiences, including healthcare workers, social services providers, clergy, teachers, and criminal justice personnel. 260 pages.

**Quick Guide for Clinicians** QGCT34 **KAP Keys for Clinicians** KAPT34

**BKD341** 

TIP 35: Enhancing Motivation for Change in Substance Abuse Treatment—Describes different motivational interventions that can be used at all stages of change, from precontemplation and preparation to action and maintenance. 269 pages. BKD342

Faces of Change: Do I Have a Problem With Alcohol or Drugs? 14 pages. PHD1103 (See

page 13 for description.) **Quick Guide for Clinicians** QGCT35 **KAP Keys for Clinicians** KAPT35

TIP 36: Substance Abuse Treatment for Persons With Child Abuse and Neglect Issues—Examines treatment issues for both adult survivors of child abuse or neglect and adults in treatment who may be abusing or neglecting their children. 205 pages. BKD343

Helping Yourself Heal: A Recovering Woman's Guide to Coping With Childhood Abuse Issues. 8 pages. PHD981 (See page 13 for description.) Also available in Spanish:

Ayudando a Sanarse a Sí Misma: Una Guía para Mujeres en Recuperación para Ayudarles a Enfrentar los Problemas Asociados con el Abuso Infantil. 8 pages. PHD981S

Helping Yourself Heal: A Recovering Man's Guide to Coping With the Effects of Childhood Abuse. 8 pages. PHD1059 (See page 13 for description.) Also available in Spanish:

Ayudando a Sanarse a Sí Mismo: Una Guía para Hombres en Recuperación para Ayudarles a Enfrentar los Problemas Asociados con el Abuso Infantil. 8 pages. PHD1059S

**Quick Guide for Clinicians** QGCT36 **KAP Keys for Clinicians** KAPT36

TIP 37: Substance Abuse Treatment for Persons With HIV/AIDS—Provides an overview of how substance abuse treatment centers attend to the multiple needs of patients: substance abuse, HIV/AIDS, and medical, behavioral, psychological, and social needs. Addresses mental health care and counseling issues of people who are HIV infected and abuse substances. 342 pages. BKD359 HIV/AIDS: Is Your Client At Risk?—Provides questions and talking points that treatment providers can review with their clients to determine whether the client is engaging in HIV/AIDS risk behaviors. MS965

**Quick Guide for Clinicians** QGCT37 **KAP Keys for Clinicians** KAPT37



Drugs, Alcohol and HIV/AIDS: A Consumer Guide. 4 pages. PHD1126 (See page 13 for description.) Also available in Spanish:

Drogas, Alcohol y el VIH/SIDA: Una Guía Para Su Salud. 4 pages. PHD1134

**TIP 38: Integrating Substance Abuse Treatment and Vocational Services**—Describes vocational services and resources, and presents clinical issues related to integrating vocational services into a substance abuse treatment plan. Discusses policy and funding. *225 pages. BKD381* 

**Quick Guide for Clinicians** QGCT38 **Quick Guide for Administrators** QGAT38 **KAP Keys for Clinicians** KAPT38

TIP 39: Substance Abuse Treatment and Family Therapy—Focuses on how substance abuse affects the entire family and how substance abuse treatment providers can use principles from family therapy to change the interactions among family members. 232 pages. BKD504

**Quick Guide for Clinicians** QGCT39 **Quick Guide for Administrators** QGAT39 TIP 40: Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction—Provides consensus - and evidence-based guidance on the use of buprenorphine, a new option for the treatment of opioid addiction. 171 pages. BKD500

Quick Guide for Physicians QGPT40

KAP Keys for Physicians KAPT40

TIP 41: Substance Abuse Treatment: Group Therapy—Distills research and clinical findings into practical guidelines for practitioners of group therapy modalities. Describes types of group therapy, and offers a theoretical basis for group therapy's effectiveness. Is a useful guide to supervisors, trainers of beginning counselors, and experienced counselors. Provides sources of information and topics for further inquiry. 170 pages. BKD507 Quick Guide for Clinicians QGCT41

TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders—Provides information about new developments in the field of co-occurring substance use and mental disorders, and captures the state of the art in the treatment of people with co-occurring disorders. Provides the substance abuse treatment provider with information in an accessible manner. Synthesizes knowledge, and grounds it in the practical realities of clinical cases and real situations. 557 pages. BKD515 Quick Guide for Clinicians QGCT42 Quick Guide for Administrators QGAT42 KAP Keys for Clinicians KAPT42

TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs—Describes the nature and dimensions of opioid use disorders and their treatment, including principles of treatment and historical and regulatory developments; and presents evidence-based best practices for treatment of opioid addiction in opioid treatment programs. Examines related medical, psychiatric, sociological, and substance use disorders and their treatment as part of a comprehensive maintenance treatment program. 354 pages. BKD524 Quick Guide for Clinicians QGCT43 KAP Keys for Clinicians KAPT43



TIP 44: Substance Abuse Treatment for Adults in the Criminal Justice System—Provides

information to enable treatment providers to be effective with offender and ex-offender populations and to promote effective collaboration between the criminal justice and substance abuse treatment systems. Presents information counselors need to address issues that arise from their clients' legal status, and reviews criminal justice issues from multiple perspectives. 348 pages. BKD526



KAP Keys for Clinicians
Quick Guide for Clinicians

TIP 45: Detoxification and Substance Abuse
Treatment—Provides up-to-date information
about the role of detoxification in the continuum of

services for individuals with substance use disorders. Includes updated information on the physiology of withdrawal, pharmacological advances in the management of withdrawal, patient placement procedures, and the management of detoxification services within comprehensive systems of care. 261 pages. BKD541

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TIP 46: Substance Abuse: Administrative Issues in Outpatient Treatment—Provides

administrators with information about running an outpatient treatment program including strategic planning; working with boards; hiring, retaining, and supervising staff; performance monitoring and improvements; and funding. Addresses the provision of culturally competent treatment to diverse populations, diversifying a program's funding sources, and Federal privacy and confidentiality regulations. 160 pages. BKD545



TIP 47: Substance Abuse: Clinical Issues in Intensive Outpatient Treatment—Helps

clinicians address new intensive outpatient treatment (IOT) approaches to treating a wide variety of clients. Describes core services, enhanced services, and processes of assessment, placement, and treatment planning; discusses major clinical challenges of IOT; and surveys the common approaches used in IOT such as family-based services and specific treatments for diverse groups of clients . *BKD551* 

### CSAT TAPS

Technical Assistance Publications (TAPs) are a compilation of written materials gathered from various Federal, State, programmatic, and clinical sources, which provide practical guidance and information related to the delivery of treatment services to individuals experiencing alcohol and drug use disorders.

TAP 1: Approaches in the Treatment of Adolescents with Emotional and Substance Abuse Problems—Reviews the impact of alcohol/drug abuse and mental health disorders among adolescents, and makes practical recommendations on the implementation of effective treatment methods for adolescents. 41 pages. PHD580

TAP 2: Medicaid Financing for Mental Health and Substance Abuse Services for Children and Adolescents—Provides background information on the Medicaid child and adolescent populations, and includes a status report on States' current Medicaid eligibility and service coverage policies. 74 pages. PHD581

TAP 3: Need, Demand, and Problem Assessment for Substance Abuse Services—Documents more than a dozen different methodologies designed to assist in developing more structured approaches to assessing the need for substance abuse treatment services and estimating the demand for services. 41 pages. PHD582

TAP 4: Coordination of Alcohol, Drug Abuse, and Mental Health Services—Reviews current knowledge about coordination of substance use and mental health services, describes the major models and mechanisms available, and recommends processes for developing coordinated services. 47 pages. PHD583

TAP 5: Self-Run, Self-Supported Houses for More Effective Recovery from Alcohol and Drug Addiction—Describes the experience of Oxford House and the mechanics of renting houses to be used as self-run, self-supported recovery houses. 130 pages. PHD584

TAP 6: Empowering Families, Helping Adolescents: Family-Centered Treatment of Adolescents With Alcohol, Drug Abuse, and Mental Health Problems—Explains issues, treatment models, and steps necessary to implement a family-centered approach to adolescent treatment. 213 pages. BKD81

**TAP 7: Treatment of Opiate Addiction With Methadone: A Counselor Manual**—Provides counseling staff in methadone treatment centers with accurate information about the treatment they are delivering, and promotes the improvement of addiction treatment using methadone. 190 pages. BKD151

TAP 8: Relapse Prevention and the Substance-Abusing Criminal Offender—Provides an overview of chemical addiction and the process of recovery. Discusses the process of relapse, as well as the principles and procedures of relapse prevention therapy. 38 pages. BKD121

**TAP 9: Funding Resource Guide for Substance Abuse Programs**—Assists programs in preparing a development plan to outline funding needs or organizing a fundraising effort and identifies funding opportunities. Includes resources and relevant government agencies helpful at the Federal, State, and local levels. *128 pages. BKD152* 

**TAP 10:** Rural Issues in Alcohol and Other Drug Abuse Treatment—Presents papers submitted to the "Award for Excellence" competition (1992) cosponsored by CSAT and the National Rural Institute on Alcohol and Drug Abuse. Provides innovative and unusual strategies, approaches, and research findings. 73 pages. PHD662

TAP 11: Treatment for Alcohol and Other Drug Use: Opportunities for Coordination—Contains an exhaustive review of the need for and benefit of systemic coordination among State, legislative, public health, criminal justice, and social service entities to provide a continuum of comprehensive treatment services. 192 pages. PHD663

TAP 12: Approval and Monitoring of Narcotic Treatment Programs: A Guide on the Roles of Federal and State Agencies—Offers a step-by-step description of Federal and State agency rules in approving and monitoring narcotic addiction treatment programs. 187 pages. PHD666

**TAP 13: Confidentiality of Patient Records for Alcohol and Other Drug Treatment**—Presents an overview of Federal alcohol and drug treatment confidentiality laws and regulations. Includes sample forms for patient consent and qualified service organization agreements. *36 pages. BKD156* 

TAP 14: Siting Drug and Alcohol Treatment Programs: Legal Challenges to the NIMBY Syndrome—Examines the legal remedies available to treatment providers who wish to challenge discriminatory zoning and siting decisions that result from the NIMBY (not in my backyard) syndrome. 50 pages. BKD175

TAP 15: Forecasting the Cost of Chemical Dependency Treatment Under Managed Care: The Washington State Study—Provides background information in using actuarial studies to predict the costs of contracting with managed-care organizations to provide publicly funded chemical dependency treatment services. 89 pages. BKD176

TAP 16: Purchasing Managed Care Services for Alcohol and Other Drug Treatment: Essential Elements and Policy Issues—Provides guidance for those developing contracts with managed-care organizations for substance abuse treatment services. Includes contract language and a 17-page checklist for assessing readiness for managed care. 66 pages. BKD167

TAP 17: Treating Alcohol and Other Drug Abusers in Rural and Frontier Areas: 1994 Award for Excellence Papers—Compiles contributions to the 1994 Award for Excellence Papers contest, sponsored jointly by CSAT and the National Rural Institute on Alcohol and Drug Abuse. Provides innovative strategies for addressing the challenges in rural and frontier areas. 132 pages. BKD174

TAP 18: Checklist for Monitoring Alcohol and Other Drug Confidentiality Compliance—Provides an easy-to-use checklist to determine whether complaints alleging a breach of patient confidentiality are justified under the Federal confidentiality law. 57 pages. PHD722

TAP 19: Counselor's Manual for Relapse Prevention With Chemically Dependent Criminal Offenders—
Designed for the paraprofessional counselor, includes the Relapse Prevention Workbook for Chemically Dependent Criminal Offenders. 185 pages. PHD723

TAP 20: Bringing Excellence to Substance Abuse Services in Rural and Frontier America: 1996 Award for Excellence Papers—Compiles contributions to the 1996 Award for Excellence Papers contest, sponsored by CSAT and the National Rural Institute on Alcohol and Drug Abuse. Examines a number of ways in which rural and frontier America is addressing alcohol and drug abuse and the problems that accompany the abuse. 149 pages. BKD220

\*TAP 21: Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice—Provides practice guidelines to enhance the competencies of addiction practitioners and to foster improvements in the educational preparation of substance abuse treatment professionals. 134 pages. BKD246

\*Under revision

TAP 22: Contracting for Managed Substance Abuse and Mental Health Services: A Guide for Public Purchasers—Provides guidance on designing and developing sound managed-care goals and initiatives in the rapidly evolving substance abuse and/or mental health services arena. 305 pages. BKD252

**TAP 23:** Substance Abuse Treatment for Women Offenders: Guide to Promising Practices—Provides guidance to State and community-level policymakers who plan and fund substance abuse and corrections programs. Offers guidelines and ideas for designing promising programs to help women who are addicted in the criminal justice system. *183 pages. BKD310* 

TAP 24: Welfare Reform and Substance Abuse Treatment Confidentiality: General Guidance for Reconciling Need to Know and Privacy—Assists State alcohol and drug agencies, substance abuse treatment providers, and welfare officials in addressing confidentiality issues with respect to shared clients. Discusses key issues such as how and when disclosure is possible, and provides practical tips to surmount real or perceived obstacles. 43 pages. BKD336

TAP 25: The Impact of Substance Abuse Treatment on Employment Outcomes Among AFDC Clients in Washington State—Analyzes the effects of substance abuse treatment on employment outcomes among Aid to Families with Dependent Children recipients in Washington State. 51 pages. BKD367T

**TAP 26: Identifying Substance Abuse Among TANF- Eligible Families**—Provides a comprehensive review of policy and procedures with the goal of leading agencies to develop more effective practices. *87 pages. BKD410* 

TAP 27: Navigating the Pathways: Lessons and Promising Practices in Linking Alcohol and Drug Services With Child Welfare—Offers a unique perspective on the growing contacts across the divide that too often prevents child welfare and substance abuse agencies from working together closely to help children and families affected by substance abuse. 211 pages. BKD436

### Other CSAT Products

### **COMMUNITY**

Addiction Treatment: Investing in People for Business Success—Focuses on educating businesses and the public about workplace-supported treatment. Contains various medical outreach materials, including promotional event ideas and sample public service announcement scripts; outreach materials for targeted groups such as older workers, small businesses, and unions; and lists of related clearinghouses and Web sites. *MS646* 

Medication Assisted Treatment for the 21st Century: Community Education Kit—Includes materials that can be used by local alcohol and illicit drug treatment providers to educate about methadone and other medication-related options for treating opioid dependence. Includes information on how to approach and sustain an ongoing dialog with community leaders about community-based treatment programs that use medication-supported treatment options and suggestions about how to develop a coordinated education effort in the community. FO38

### **MANUALS**

Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual—Helps counselors teach anger management techniques in a group setting through a 12-week cognitive behavioral intervention (participants use the accompanying workbook, see below). Describes the anger cycle, conflict resolution, assertiveness skills, and anger control plans. 57 pages. BKD444

Anger Management for Substance Abuse and Mental Health Clients: Participant Workbook—Provides worksheets and homework assignments using the core concepts of the 12-week group cognitive behavioral therapy provided in the manual described above. 47 pages. BKD445



Brief Counseling for Marijuana Dependence: A Manual for Treating Adults—Provides indepth instructions on conducting an

assessment, two motivational enhancement sessions, six core skill topic sessions, and four elective skill topic sessions for clients who are interested in achieving abstinence from marijuana use. 212 pages. **BKD520** 

Cannabis Youth Treatment (CYT) Series, Promotional Brochure—Introduces substance abuse treatment providers to the five volumes in the CYT Series and provides information on ordering the manuals. 6 pages. PHD855

CYT Series, Volume 1, Motivational Enhancement Therapy and Cognitive Behavioral Therapy for Adolescent Cannabis Users: 5 Sessions—Introduces providers to the motivational enhancement therapy/cognitive—behavioral therapy approach to treating adolescents who use marijuana. Provides instructions on conducting individual and group sessions and instructional material, including worksheets, handouts, and sample posters. 158 pages. BKD384

CYT Series, Volume 2, The Motivational Enhancement Therapy and Cognitive Behavioral Therapy Supplement: 7 Sessions of Cognitive Behavioral Therapy for Adolescent Cannabis Users—Adds seven cognitive—behavioral sessions to the treatment modules in volume 1. Provides lessons for teaching problemsolving techniques, managing anger and depression, improving communication skills, coping with cravings and urges, planning for high-risk situations, and coping with relapse. Includes reproducible posters and handouts, a glossary of terms, and therapist rating forms. 162 pages. BKD385

CYT Series, Volume 3, Family Support Network for Adolescent Cannabis Users—Provides instructions on implementing the family support network intervention to engage an adolescent's family in treatment. Through parent education sessions and home visits, instructs caregivers on signs of recovery and relapse, setting limits and boundaries, and improving communication and conflict resolution among family members. Comes with reproducible handouts to distribute to parents and caregivers and quality assurance forms to monitor the effectiveness of the sessions. 148 pages. BKD386

CYT Series, Volume 4, The Adolescent Community Reinforcement Approach for Adolescent Cannabis Users—Guides therapists and supervisors in using the adolescent community reinforcement approach with adolescents and caregivers. Provides exchanges between therapists and adolescents to illustrate how therapists help adolescents find or enhance reinforcers to abstinence, use community resources to support change, and develop family support. 252 pages. BKD387

CYT Series, Volume 5, Multidimensional Family
Therapy for Adolescent Cannabis Users—Integrates
family therapy and primary substance abuse treatment. Is
predicated on family-focused, developmentally based
treatment. Provides treatment in 15 sessions over 12
weeks. Uses case management techniques, and assesses
four factors: (1) the adolescent, (2) the parents, (3) the
family's pattern of interacting, and (4) the teen's and
parents' interaction with other systems. Individualizes
treatment for each teen and his or her family. 226 pages.

BKD388



### Matrix Series, Counselor's Treatment Manual: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders—

Contains all the material necessary for conducting the Individual/Conjoint, Early Recovery Skills, Relapse Prevention, and Social Support sessions in the Matrix Intensive Outpatient Treatment package. 260 pages. **BKD546** 



Matrix Series, Counselor's Family Education Manual and CD With PowerPoint

Presentations: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders—Contains talking points, handouts, and PowerPoint slides for conducting the 12 Family Education sessions in the Matrix Intensive Outpatient Treatment package. 170 pages. BKD547



Matrix Series, Client's Handbook: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders—Contains an

introduction and welcome and all the handouts used in the Matrix Intensive Outpatient Treatment package except for those used in the Family Education sessions. 100 pages. **BKD548** 



Matrix Series, Client's Treatment Companion: Matrix Intensive Outpatient Treatment for

**People With Stimulant Use Disorder**—Contains useful recovery tools and concepts that clients can carry with them in a pocket or purse. *34 pages. BKD549* 



Substance Abuse Relapse Prevention for Older Adults: A Group Treatment

Approach—Presents a relapse-prevention intervention for counselors and other treatment providers working with older adults who have substance use disorders. Follows a cognitive—behavioral and self-management approach. 210 pages. BKD525

### **REPORTS**

Building Practice Improvement Collaboratives: Eleven Case Studies—Describes the experiences of 11 of 14 Practice Improvement Collaboratives grantees during the development phase of the program, which was designed to address and overcome barriers encountered in moving research into clinical practice. 104 pages. BKD482

Improving Lives Through Treatment—Describes CSAT's mission and its specific programs and activities in areas such as closing the treatment gap, linking knowledge with practice, and improving and strengthening treatment systems. 12 pages. PHD836

Mental Health and Substance Abuse Treatment:
Results From a Study Integrating Data From State
Mental Health, Substance Abuse, and Medicaid
Agencies—Reports on a CSAT and Center for Mental
Health Services (CMHS) initiative to study Medicaid, State
mental health, and State substance abuse agency data.
Provides analyzed data from the CSAT/CMHS Integrated
Database Project. 87 pages. BKD408

Methadone Associated Mortality: Report of a National Assessment—Summarizes the data used by assessment experts to evaluate the nature and scope of methadone-associated mortality and present their findings and recommendations. 56 pages. BKD498

National Expenditures for Mental Health Services and Substance Abuse Treatment, 1991–2001—Reports on national expenditures in 2001 for mental health services and substance abuse treatment. Describes how costs are distributed by payer and provider type, how appending has changed from 1991 to 2001, and how these expenses compare with those for all U.S. health care. 57 pages. BKD518

A National Review of State Alcohol and Drug Treatment Programs and Certification Standards for Substance Abuse Caregivers—Contains a national overview of State-by-State information on licensing, certification, and credentialing standards for alcohol and drug treatment facilities, programs, counselors, and prevention professionals. 281 pages. BKD517

National Spending on Mental Health and Substance Abuse Treatment by Age Group, 1997—Provides an analysis of expenditures for mental health and substance abuse treatment by age group. 6 pages. BKD442

The National Treatment Improvement Evaluation Study (NTIES)—Provides updates on the National Treatment Improvement Evaluation Study, a congressionally mandated 5-year study of the impact of drug and alcohol treatment on thousands of clients in hundreds of treatment units that received support from the U.S. Department of Health and Human Services. Includes findings on women in treatment, adolescents and young adults in treatment, treatment for cocaine and crack use, treatment for marijuana use, and treatment impact on criminal activity. *F027* 

Report on the Post-September 11 State Disaster Relief Grant Programs of SAMHSA's Center for Substance Abuse Treatment—Focuses on the program activities undertaken by the nine States that received CSAT grants under the Post-September 11 State Disaster Relief Grant Program. 32 pages. BKD516

Report to Congress on the Prevention and Treatment of Co-Occurring Substance Abuse Disorders and Mental Disorders—Describes current treatment approaches, best-practice models, and prevention efforts for addressing co-occurring substance use and mental disorders. Includes summaries of treatments provided, practices for preventing substance use disorders among individuals who have a mental disorder, evidence-based practices for treating individuals with co-occurring disorders, recommendations for implementing such practices, and improvements to ensure that individuals with co-occurring disorders receive the services they need. 175 pages. BKD467

**SAMHSA Managed Care Initiative**—Monitors the development and effect of managed care reforms, especially those affecting people with mental illnesses and addictive disorders. *12 pages. MS645* 

Telling Their Stories: Reflections of the 11 Original Grantees That Piloted Residential Treatment for Women and Children for CSAT—Summarizes the experiences and accomplishments of the original Residential Women and Children's grantees. Describes what arrangements were necessary to initiate services, how day-to-day operations were conducted, and what resources were tapped to continue the projects after the grants terminated. 243 pages. BKD407

### **TOOLS**

Alcohol Use Among Older Adults: Pocket Screening Instruments for Health Care and Social Service Providers—Gives facts about alcohol and prescription drug abuse among older adults. Includes an AUDIT-C and CAGE brief alcohol screening instrument. 4 pages. PHD883

Classifying Skin Lesions of Injection Drug Users— Illustrates a classification system to identify skin lesions on people who inject drugs. Helps those working in the healthcare and substance abuse fields distinguish drug injection lesions (i.e., needle track marks) from lesions attributable to other factors to facilitate accurate diagnoses and promote the delivery of effective treatments and other interventions to reduce client risk. AVD154

Confidentiality of Alcohol and Drug Abuse Patient Records Regulation and the HIPAA Privacy Rule: Implications for Alcohol and Substance Abuse Programs—Is geared toward substance abuse treatment programs subject to and already complying with the confidentiality requirements (Part 2) issued in the early 1970s by Congress. Explains which programs must comply with the Privacy Rule, and outlines what compliance requires. 41 pages. PHD1083

Cultural Issues in Substance Abuse Treatment— Serves as a guide to help professionals gain a greater understanding of the cultural, social, political, and economics forces affecting substance abuse treatment among Hispanic Americans, African Americans, Asian Americans, and American Indians/Alaska Natives. 62 pages. BKD323

Demystifying Evaluation: A Manual for Evaluating Your Substance Abuse Treatment Program, Volume 1—Assists substance abuse treatment administrators and senior clinical personnel in learning more about strategies for using program and client data to improve the effectiveness of their programmatic efforts. 200 pages. BKD225

Executive Summary, Strategies for Integrating Substance Abuse Treatment and the Juvenile Justice System: A Practice Guide—Provides an overview of the range of alcohol and drug treatment services provided in juvenile justice systems, and highlights programs that have shown promising results. Pays special attention to integrating services involving the substance abuse treatment and juvenile justice systems, which have typically had separate and distinct professional mandates, areas of focus, and philosophies. 45 pages. BKD349A

Introducing Office-Based Treatment for Opioid Addiction—Details buprenorphine, a new medicine developed to treat addiction to opioids such as heroin and prescription painkillers. Discusses how buprenorphine works, how it differs from methadone, and how someone in need of the medicine can obtain it. *PHD992* 

**Juvenile Justice Treatment Planning Chart**—Illustrates the major decision points in the juvenile justice system where coordinated strategies for alcohol and drug abuse treatment interventions may be applied. 8 pages. **PHD598** 

Performance Management: Improving State Systems Through Information-Based Decisionmaking—Helps States delineate the benefits and challenges of implementing performance management, and encourages intra- and inter-State dialog about this data-driven tool. Discusses managing performance, assessing strategies, and developing and moving the performance management system forward. 28 pages. BKD506

Practical Approaches in the Treatment of Women Who Abuse Alcohol and Other Drugs—Offers guidelines on how to use resources to design and implement programs for women, and includes strategies for treating specific populations, such as racial and ethnic groups, women in the justice system, and women with disabilities. 303 pages. BKD155

A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals—Seeks to inform administrators and clinicians about appropriate diagnosis and treatment approaches that will help ensure the development or enhancement of effective lesbian, gay, bisexual, and transgender-sensitive programs. 191 pages. BKD392

State Children's Health Insurance Program—Explains the benefits of the Children's Health Insurance Program (CHIP), encourages providers to participate in CHIP planning committees, and provides a telephone number and Web site address for further information. *4 pages*. *PHD811* 

Substance Abuse Treatment Planning Guide and Checklist for Treatment-Based Drug Courts—Provides an outline for a team to begin working together to confront barriers and solve problems when planning for or refining a treatment-based drug court. Includes a planning checklist and a chart to make the guide a practical, quick reference coordinating tool. Provides summaries of client-oriented treatment for offenders, elements of case management, program evaluation criteria, and more. 7 pages. BKD214

Successful Strategies for Recruiting, Training, and Utilizing Volunteers: A Guide to Faith- and Community-Based Service Providers—Examines recruiting, training, managing, and evaluating volunteers. Covers background checks for volunteers, and provides sample mission statements, volunteer applications forms, and agreements. 37 pages. BKD519

Therapeutic Community Curriculum:
Participant's Manual—Provides the materials
participants need to complete the 11-module

Therapeutic Community Curriculum (see below). 160 pages. **BKD534** 



Therapeutic Community Curriculum: Trainer's Manual and CD—Provides teaching materials for an 11-module training course designed to help

new employees in a therapeutic community (TC) understand fundamental TC concepts and experienced staff members enhance their knowledge of TC practices. Includes step-by-step presentations, reproducible Resource Sheets, and PowerPoint slides. 506 pages. **BKD533** 

### **VIDEOS**

Heroin: What's the Real Dope? (Myths, Facts & Illicit Drugs Series) Videoguide/Booklet—Provides information about what heroin is, what it does, why it seems so appealing, and what its dangers are. 29 pages/Video. VHS145G

The Road to Recovery—The first installment in a sevenpart series of Webcasts, discusses and illuminates key issues related to the 2001 Recovery Month observance (September 2001), and includes on-camera appearances by CSAT Director Dr. H. Westley Clark and Recovery Month partners from around the country. *Length: 28 minutes.* VHS136

The Road to Recovery: Addiction by Prescription— Indicates who is misusing prescription medicines and how these addictions may differ from addictions to illicit drugs. Video. VHS182

The Road to Recovery: Alcohol and Drug Use Screening, Intervention, and Referral—Changing the Nation's Approach to Comprehensive Health Care—Looks at changing the process of screening, intervention, and referral to get more people the addiction treatment they need. Video. VHS183

The Road to Recovery: The Individual and Familial Dynamics of Recovery—Highlights the struggles of individuals and families in recovery and the successful strategies they use to heal and maintain sobriety, and provides insights into conducting interventions and helpful tips for children, parents, grandparents, and caregivers for dealing with addiction in the family. Video/DVD. VHS185/DVD185

The Road to Recovery Presents: The Role of Faithand Community-Based Systems of Addiction Treatment and Recovery—Explains the beneficial role that faith and spirituality play in the prevention of drug and alcohol abuse and in programs designed to treat and promote recovery from alcohol and drug use and mental disorders. Video/DVD. VHS187/DVD187

The Road to Recovery: Rethinking the Demographics of Addiction—Helping Older Adults Find Recovery—Explains that researchers are realizing the pervasiveness of substance use disorders among people ages 60 and older. Highlights ways to help older adults receive the addiction treatment they need. Video/DVD.

VHS184/DVD184

Treatment 101: The Science and Methodologies of Treating Alcohol and Drug Use Disorders—Examines recent scientific and methodological advances in addiction treatment, and explores how they have improved and diversified addiction treatment services. *Video. VHS204* 

## **CSAT Periodicals**

Substance Abuse in Brief, Effective Treatment Saves Money—Reports the advances, benefits, and successes of substance abuse treatment; and focuses on the ways substance abuse treatment can save money. 4 pages. MS639

Substance Abuse in Brief, Identifying and Helping Patients With Co-Occurring Substance Use and Mental Disorders: A Guide

for Primary Care Providers—Explores the relationship between co-occurring substance use and mental disorders, including the identification of patients with co-occurring disorders and providing or obtaining appropriate treatment for such disorders. 6 pages. Available online only at www.kap.samhsa.gov.

Substance Abuse in Brief, Pain Management Without Psychological Dependence: A Guide for Healthcare Providers—Provides healthcare providers with research-based information on how to provide pain management while avoiding psychological dependence on opioids. 6 pages. Available online only at www.kap.samhsa.gov.

Substance Abuse in Brief, Substance Abuse Treatment: Reduces Family Dysfunction, Improves Productivity—Discusses recent research that proves that substance abuse treatment for families can result in lower levels of addictive disorders in children and many other improvements to the overall family well-being. 4 pages. PHD840

Substance Abuse in Brief, Successful Treatment for Adolescents: Multiple Needs Require Diverse and Special Services—Discusses factors that put youth at risk for substance abuse, the most influential being parental drug use. 4 pages. PHD835

Substance Abuse in Brief, The Science of Addiction Simplified—Defines addictive disorders, describes the neurochemical dysfunction in addictions, and explains the effect of treatment on neurochemistry. 4 pages. MS654

Substance Abuse in Brief, Treating Alcohol Problems—Discusses several aspects of treatment, including identifying problem alcohol use, applying brief interventions, introducing behavioral treatment approaches, and providing supportive services and appropriate treatments. 6 pages. MS940

Substance Abuse in Brief, Treatment Cuts Medical Costs—Focuses on the medical costs that could be avoided by providing substance abuse treatment. 4 pages. PHD842

Substance Abuse in Brief, Treatment Succeeds in Fighting Crime—Focuses on effectively reducing crime through substance abuse treatment. 4 pages. PHD831

Substance Abuse in Brief, What You Should Know About Alcohol Problems—Covers how to define an alcohol problem and criteria for defining alcohol abuse and alcohol dependence; establishes criteria for determining alcohol dependence; identifies factors that may contribute to it; and explains treatment for problems with alcohol. 6 pages. MS925



Substance Abuse Treatment Advisory, Acamprosate: A New Medication for Alcohol Use Disorders—Describes how acamprosate

works, compares it with other medications used to treat alcohol use disorders, and provides guidance on ways to incorporate this medication into treatment programs. 8 pages. **MS974** 

NEW

Substance Abuse Treatment Advisory,
Anabolic Steroids—Alerts treatment providers to
the dangers of steroid use and abuse and to the

possibility of steroids as gateway drugs to other substances. 4 pages. **MS991** 

Substance Abuse Treatment Advisory, GHB: A Club Drug To Watch—Discusses the increasing popularity of the illicit use of gamma hydroxybutyrate (GHB). Using a question-and-answer format, tells treatment providers how they can respond to those who abuse this drug, explains the dangers of GHB abuse, discusses recent studies on GHB, and describes withdrawal, dependence, and overdose. 4 pages. MS915

Substance Abuse Treatment Advisory, Inhalants— Answers the questions what are inhalants, what are the most common modes of administration, what types of products can be abused, what are the long-term effects of inhalant abuse, are inhalants addictive, do they lead to further drug abuse, what constitutes effective treatment of people who abuse inhalants, as well as other questions. 8 pages. MS922

Substance Abuse Treatment Advisory,
OxyContin<sup>®</sup>: Prescription Drug Abuse, 2006

**Revision**—Discusses abuse of the prescription drug OxyContin. Contains frequently asked questions and specific treatment protocols. *8 pages.* **MS726** 

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Substance Abuse Treatment Advisory, Prescription Medications: Misuse, Abuse, Dependence, and Addiction—Addresses the

increasing incidences (particularly among older adults) of prescription misuse, abuse, dependence, and addiction. Provides information on how to identify and ways to treat medication misuse. *4 pages*. *MS987* 

# **CSAT Consumer or Client Products**

**Aging, Medicines and Alcohol**—Gives indicators of possible alcohol or medication-related problems, and offers suggestions for taking action. Lists national hotlines and Web sites. *A TIP 26 collateral product. 8 pages.* **PHD882** 

Also available in Spanish:

El Envejecimiento, los Medicamentos y el Alcohol. 8 pages. PHD882S

Are You in Recovery From Alcohol or Drug Problems? Know Your Rights—Helps those in recovery understand their rights under Federal laws that protect against discrimination. 15 pages. PHD1091

As You Age...A Guide to Aging, Medicines, and Alcohol—Highlights information about how both medications and alcohol affect the bodies of older adults. Includes steps to take to avoid harmful reactions, signals indicating an alcohol or medication-related problem, and a chart to list prescription and over-the-counter medications. 8 pages. PHD1082

Child Welfare and Substance Use Disorders: A Guide to Recovery for Families and Children—Describes a substance use disorder, offers clues to look for to determine whether a family is affected by a substance use disorder, provides ideas for helping families struggling with a substance use problem, and lists outside resources for finding help. 3 pages. PHD1077



**Drugs, Alcohol and HIV/AIDS: A Consumer Guide**—Provides information for consumers on HIV/AIDS and substance abuse. *A TIP 37* 

collateral product. 4 pages. **PHD1126**Also available in Spanish:

Drogas, Alcohol y el VIH/SIDA: Una Guía Para Su Salud. 4 pages. PHD1134



Faces of Change: Do I Have a Problem With Alcohol or Drugs?—Provides treatment assistance option for clients with reading-level

barriers by using the fotonovela format to pictorially introduce the concept and stages of motivational recovery. Looks at five characters involved with different substances of abuse. A TIP 35 collateral product. 14 pages. **PHD1103** 

**Good Mental Health is Ageless**—Gives indicators of possible mental health problems, and offers suggestions for taking action. Lists national hotlines and Web sites. *A TIP 26 collateral product. 8 pages. PHD881 Also available in Spanish:* 

La Buena Salud Mental No Tiene Edad. 8 pages. PHD881S

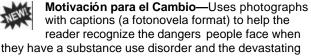
Helping Yourself Heal: A Recovering Man's Guide to Coping With the Effects of Childhood Abuse—Provides guidance for men with substance use disorders who were abused as children. Explains feelings that can surface when entering substance abuse treatment, defines childhood abuse, lists symptoms of abuse, and describes how to handle childhood abuse issues during treatment. A TIP 36 collateral product. 8 pages. PHD1059 Also available in Spanish:

Ayudando a Sanarse a Sí Mismo: Una Guía para Hombres en Recuperación para Ayudarles a Enfrentar los Problemas Asociados con el Abuso Infantil. 8 pages. PHD1059S

Helping Yourself Heal: A Recovering Woman's Guide to Coping With Childhood Abuse Issues—Provides guidance for women with substance use disorders who were abused as children. Explains feelings that can surface when entering substance abuse treatment, defines childhood abuse, lists symptoms of abuse, and describes how to handle childhood abuse issues during treatment. A TIP 36 collateral product. 8 pages. PHD981 Also available in Spanish:

Ayudando a Sanarse a Sí Misma: Una Guía para Mujeres en Recuperación para Ayudarles a Enfrentar los Problemas Asociados con el Abuso Infantil. 8 pages. PHD981S

Join the Voices for Recovery: Healing Lives, Families and Communities—Highlights the 16th Annual National Alcohol and Drug Addiction Recovery Month in September 2005. Encourages people to get involved and host a local event. 1 page. AVD193



they have a substance use disorder and the devastating consequences that can result at a personal, family, and community level. Available in Spanish only. 12 pages. **PHD1133** 

Older Adults and Substance Use Disorders: A Guide to Recovery From Co-Occurring Disorders—Attempts to define a substance use disorder, provide signs to look for, and offer resources for finding help. 3 pages. PHD1079

Overcoming Substance Use and Mental Disorders: A Guide to Recovery From Co-Occurring Disorders— Explains what co-occurring disorders are, provides symptoms of a co-occurring disorder, and offers resources for finding the right help. *PHD1078* 

A Quick Guide to Finding Effective Alcohol and Drug Addiction Treatment—Instructs family members to consider such things as the setting, length of care, and philosophical approach when finding a treatment program for a loved one. Presents 12 questions to consider when selecting a treatment program. Card. PHD877

Recovery Month 2005 Promotional Card (Join the Voices for Recovery: Healing, Lives, Families & Communities)—Highlights the 16th Annual National Alcohol and Drug Addiction Recovery Month in September 2005. Encourages people to get involved and host a local event. Includes information about how to order a toolkit and important contact names and numbers. *Card.* AVD206

Substance Use Disorders and Disability: A Guide to Recovery From Co-Existing Disorders—Describes a co-existing disorder, explains the link between having a disability and developing a co-existing disorder, offers advice about what to do if a co-existing disorder is suspected, and provides resources for finding help. 3 pages. PHD1080

Substance Use Disorders in the Workplace: A Guide to Recovery for Employees—Describes a substance use disorder, provides clues to determining whether a substance use disorder exists, highlights the laws concerning discriminating against individuals recovering from a substance use disorder, and offers resources for finding help. 3 pages. PHD1081

What Is Substance Abuse Treatment? A Booklet for Families—Created for family members of those

dependent on alcohol or illicit drugs, answers questions often asked by families of people entering treatment.

Offers a resources section with additional information and a list of support groups. 31 pages. **BKD503**Also available in Spanish:

¿Qué es el Tratamiento para el Abuso de Sustancias? Un Folleto para las Familias. 37 pages. BKD503S

You Can Help: A Guide for Caring Adults Working With Young People Experiencing Addiction in the Family—Describes the resources available to help and support children of addiction and the problems such children may be at risk for. Pamphlet. PHD878

# **Online Multi-Language Initiative Products**

# Available on SAMHSA's KAP Web site (www.kap.samhsa.gov)

Aging, Medicines and Alcohol—Is an adaptation of the English-language version produced by CSAT. Contains information for older adults on alcohol use and medication-related problems and steps they can take to avoid problems resulting from mixing medications. (Chinese-, Korean-, Russian-, Spanish-, and Vietnamese-language versions are available at www.kap.samhsa.gov.)

Good Mental Health is Ageless—Is an adaptation of the English-language version produced by CSAT. Provides information for older adults about the symptoms of depression or dementia, basic facts regarding mental health, and suggestions on how to talk with physicians and how to contact organizations that provide additional information. (Chinese-, Korean-, Russian-, Spanish-, and Vietnamese-language versions are available at www.kap.samhsa.gov.)

Helping Yourself Heal: A Recovering Man's Guide to Coping With the Effects of Childhood Abuse—Is an adaptation of the English-language version produced by CSAT. Helps men who are entering treatment understand some of the feelings that can surface about the abuse they experienced as children. (Spanish-language version is available at www.kap.samhsa.gov.)

Helping Yourself Heal: A Recovering Woman's Guide to Coping With Childhood Abuse Issues—Is an adaptation of the English-language version produced by CSAT. Helps women who are entering treatment understand some of the feelings that can surface about the abuse they experienced as children. (Chinese-, Korean-, Spanish-, and Vietnamese-language versions are available at www.kap.samhsa.gov.)

Inhalant Abuse: Your Child at Risk! (Spanish)—
Is an adaptation of the English-language version produced by the Office of National Drug Control Policy, and provides parents with information about why young people use inhalants, what they use, the symptoms of use, slang terms, the dangers of use, and how to prevent inhalant use. A list of resources also is included. (Cambodian-, Chinese-, English-, Korean-, and Vietnamese-language versions are available from the National Clearinghouse for Alcohol and Drug Information at www.ncadi.samhsa.gov.)

Mind Over Matter Series: The Brain's Response to Inhalants (Spanish)—Is an adaptation of the English-language version produced by the National Institute on Drug Abuse, and provides information about how drugs act in the brain and body. (English-language version is available from the National Clearinghouse for Alcohol and Drug Information at www.ncadi.samhsa.gov.)

A Parent's Guide to Preventing Inhalant Abuse—Is an adaptation of the English-language version produced by the Consumer Product Safety Division, explains inhalant abuse and its effects, describes the symptoms of abuse, recommends discussing the issue openly with children, and provides resources for additional information. (English- and Spanish-language versions are available from the Consumer Product Safety Commission at www.cpsc.gov.)

Tips for Teens: The Truth About Inhalants (Spanish)—Provides facts and dispels myths about substance use, and presents information about long- and short-term effects, physical and psychological risks, and where to get help. (English-language version is available from the National Clearinghouse for Alcohol and Drug Information at www.ncadi.samhsa.gov.)

What Is Substance Abuse Treatment: A Booklet for Families—Answers questions often asked by family members and significant others of people entering treatment. Offers a resources section with additional information and a list of support groups. (Spanishlanguage version is available at www.kap.samhsa.gov.)

# **CSAT Publications**

# **ORDERING INFORMATION**

1. Fax or mail the form on the following pages to

SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI) P.O. Box 2345

Rockville, MD 20847-2345 Fax: (240) 221-4292

- 2. Call SAMHSA's NCADI at (800) 729-6686; TDD (hearing impaired) (800) 487-4889
- 3. Visit the following Web sites:
  - SAMHSA's NCADI: www.ncadi.samhsa.gov
  - National Library of Medicine: www.nlm.nih.gov
  - SAMHSA: www.samhsa.gov
  - CSAT KAP products: www.kap.samhsa.gov

Name:		
Organization:		
Address:		
City:	_ State:	ZIP:
Telephone: ( ) -	Fax: ( ) -	

# **TIPs and TIP Collateral Products**

*TIP 2 BKD107	<b>TIP 26</b> BKD250	<b>TIP 36</b> BKD343
QG for Clinicians QGCT02	Guide for Treatment	QG for Clinicians QGCT36
Keys for Clinicians KAPT02	Providers MS669	Keys for Clinicians KAPT36
TID F DIVDA40	Guide for Social Service	TID OT DI/DOSO
<b>TIP 5</b> BKD110	Providers MS670	<b>TIP 37</b> BKD359
TID C DIVIDADA	Physician's Guide MS671	Your Client At Risk MS965
TIP 6 BKD131	QG for Clinicians QGCT26	QG for Clinicians QGCT37
QG for Clinicians QGCT06	Keys for Clinicians KAPT26	Keys for Clinicians KAPT 37
Keys for Clinicians KAPT06	TID 97 DI/D054	TID 20 DI/D204
TID 44 DICD4 40	<b>TIP 27</b> BKD251	<b>TIP 38</b> BKD381
TIP 11 BKD143 QG for Clinicians QGCT11	Guide for Providers MS673 Guide for Administrators	QG for Clinicians QGCT38 QG for Administrators
<b>Keys for Clinicians</b> GGCTT1	MS672	QGAT38
Reys for Chilician RAPTTI	QG for Clinicians QGCT27	Keys for Clinicians KAPT38
<b>TIP 13</b> BKD161	QG for Administrators	Reys for Cillicians NAP 136
QG for Clinicians QGCT13	QGAT27	<b>TIP 39</b> BKD504
QG for Administrators	QGA121	QG for Clinicians QGCT39
QGAT13	<b>TIP 28</b> BKD268	QG for Administrators
Keys for Clinicians KAPT13	Physician's Guide MS674	QGAT39
Reys for Chilicians NALT 13	QG for Clinicians QGCT28	QOATSS
<b>TIP 14</b> BKD162	Keys for Clinicians KAPT28	<b>TIP 40</b> BKD500
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<b>TIP 23</b> BKD205	<b>TIP 32</b> BKD307	<b>TIP 43</b> BKD524
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Keys for Clinicians KAPT25	Keys for Clinicians KAPT35	

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*Under revision				
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BKD155	BKD407	BKD519	FO38	VHS136
BKD214	BKD408	BKD520	MS645	VHS145G
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MS639	MS915	MS940	MS991	PHD840
MS654	MS922	MS974	PHD831	PHD 842
MS726	MS925	MS987	PHD835	

# **CSAT Consumer or Client Products**

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A\	/D206	PHD881	PHD1059	PHD1081	PHD1134
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